



Dr Girkin's Recommended Reading

I am often asked about what books I recommend for people wanting to know more about psychopaths and other toxic types. This list of books are my *go-to* reading. I hope to add my own books to this in the future.

-  **The Wisdom of Psychopaths:** Lessons in life from saints, spies and serial killers
Dr Kevin Dutton
-  **Taming Toxic People:** The science of identifying and dealing with psychopaths at work and at home
David Gillespie
-  **Snakes in Suits:** When psychopaths go to work
Dr Paul Babiak and Dr Robert Hare
-  **Working with Monsters:** How to identify and protect yourself from the workplace psychopath
Dr John Clarke
-  **Mean Girls Grown Up:** Adult women who are still queen bees, middle bees and afraid to bees
Dr Charyl Dellasega

Other reads you may like:

-  **Toxic at Work:** Surviving your psychopathic workmates, from the dominant bullies to the charming manipulators
David Gillespie
-  **Without Conscience:** The disturbing world of the Psychopaths among us
Dr Robert Hare
-  **The 48 Laws of Power**
Dr Robert Greene

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