



Dr Girkin's Recommended Reading

I am often asked about what books I recommend for people wanting to know more about psychopaths and other toxic types. This list of books is my *go-to* reading. I hope to add my own books to this in the future.

- **The Wisdom of Psychopaths:** Lessons in life from saints, spies and serial killers
Dr Kevin Dutton
- **Taming Toxic People:** The science of identifying and dealing with psychopaths at work and at home
David Gillespie
- **Snakes in Suits:** When psychopaths go to work
Dr Paul Babiak and Dr Robert Hare
- **Working with Monsters:** How to identify and protect yourself from the workplace psychopath
Dr John Clarke
- **Mean Girls Grown Up:** Adult women who are still queen bees, middle bees and afraid to bees
Dr Charyl Dellasega

Other reads you may like:

- **Toxic at Work:** Surviving your psychopathic workmates, from the dominant bullies to the charming manipulators
David Gillespie
- **Without Conscience:** The disturbing world of the Psychopaths among us
Dr Robert Hare
- **The 48 Laws of Power**
Dr Robert Greene